

# **WHAT TO EXPECT...After your Hemorrhoid Ligation**

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- 1) You will experience a pressure or full feeling. You may feel an urge to have a bowel movement. **DO NOT** strain or force yourself. Plan on resting the remainder of the day.
- 2) You may have slight bleeding. **THIS IS NORMAL.** If you have excessive bleeding, please call our office Mon-Thurs 8-5, Fri-8-2 or UPHS Marquette for after hours and weekends and **ASK FOR THE GENERAL SURGEON ON-CALL.** (Phone #'s listed below).
- 3) Sitz baths may be helpful to relieve discomfort and over the counter pain relievers such as Motrin or Tylenol.
- 4) In 5-10 days you may experience slight bleeding when the bands fall off. You may notice a small, black rubber band in your stool or in the toilet bowl. Don't be alarmed.
- 5) If you have any problems or questions, please call our office at the phone numbers listed below
- 6) *Make sure that you understand all instructions before leaving the surgery area.*

Contact information:

**Monday-Thursday 8-5 pm, Friday 8-2 pm,** you can call Surgical Associates of Marquette at (906) 225-3853. **After 5 p.m. and on weekends** call (906) 449-3000 UP Health System - Marquette and the switchboard operator will put you in touch with the General Surgeon on call.